

## Human Drives and Happiness

	<u>Distortion</u>	<u>Drives &amp; Needs</u>	<u>Health</u>
7	Apathy	Transcendence Divinity	Unity, Oneness
6	Prejudice, Dogma	Evolution Growth	Wisdom, Truth
5	Violence, Sabotage	Expression Identity	Praise, Beauty
4	Isolation	Bonding Love	Love (unconditional)
3	Manipulation (slavery, prostitution)	Service Worth	Generosity, Cooperation
2	Stagnation, Dependency	Creativity Freedom	Play, Art, Dance, Music
1	Scarcity	Safety Security	Abundance

### Notes:

- These are universal drives and needs among all people and cultures
- The delineation becomes apparent:
  - fear/doubt on the left as distortion from truth and fulfillment
  - love/faith on the right as an expression of health and happiness
- In any moment ask: What am I stabilizing? What am I integrating around?